

## POLICIES AND PROCEDURES

### STANDARD OPERATING PROCEDURES

#### Forms

#### PT 1

July 1, 2010

Approved by R. Dale Horne – Fire Chief

Page 1 of 2

- 1. Attire:** Firefighters will be dressed in full NFPA compliant turnout gear consisting of coat and pants (with liner), structural firefighting boots, firefighting gloves, and a structural firefighting helmet. The firefighter will also wear a Scott SCBA without mask.
- 2. The Relay:** The Relay will be a timed event that will mimic the Anderson Fire Department New Hire Physical Agility Test. There are two differences between the Combat Challenge and the New Hire Physical Agility Test. The Combat Challenge will only consist of four events: the stair climb with high rise pack, the hose hoist, the hose advance, and the victim rescue. The New Hire Test adds a fifth event, the aerial ladder climb, which will not be a part of the Combat Challenge. The second difference between the two tests is the attire.
- 3. Stair Climb with High Rise Pack:** The firefighter will begin with high rise pack (100 foot of 1.75 inch hose) placed on the ground in front of the steps. The firefighter may not make contact with the pack until the proctor starts the clock. When the time starts, the firefighter will place the high rise pack over either shoulder and begin to climb the tower to the third floor landing. The firefighter must touch every step on the way up and down the tower. Once the firefighter reaches the third floor landing, the high rise pack will be placed on the spot marked with a taped X on the landing. After placing the high rise pack on the ground the firefighter will begin the second event.
- 4. Hose Hoist:** The firefighter will proceed over to the railing and begin to lift the doughnut rolled 2.5 inch hose via the rope using a hand over hand method. Once the firefighter pulls the hose to the third floor, the hose shall be pulled over the railing and lowered to the third floor landing. Once the hose touches the landing, the firefighter then will pick the hose back up, place it over the railing and proceed to lower the hose via the rope using a hand over hand method. The rope should not slide through the firefighter's hands. Once the doughnut rolled hose reaches the ground, the firefighter will then pick up high rise pack, place it on his/her shoulder, and proceed to the ground floor of the tower making sure to touch every step on the way down. Once the firefighter accomplishes this task, the high rise pack should be placed back at the starting position, and the firefighter will proceed to the next event.

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*Page 2 of 2*

- 5. Hose Drag:** The firefighter will go over to the 150 foot of charged 1.75 inch hose. The firefighter will grab the hose by the nozzle and drag the hose 75 feet past the marked area. Once the firefighter crosses the line, he/she will open the nozzle and spray water at the target. The nozzle cannot be opened until the firefighter crosses the line with both feet. Once the target has been hit, the firefighter will close the nozzle, place the hose on the ground, and proceed to the next event.
- 6. Victim Rescue:** The victim will be a 175 lb. mannequin. The mannequin must be picked up from the ground, grabbed from behind, and dragged backwards 100 ft. The firefighter must grab the mannequin from behind with his/her arms beneath the mannequin's arms and around the mannequin's chest. A short piece of webbing will be laid on the ground beside the mannequin. If the firefighter chooses, he/she may wrap the webbing around the mannequin's chest and use the webbing as a handle for dragging the mannequin. The webbing may be used at any time during the victim rescue if the firefighter feels that the webbing will be of assistance. Time ends once the 175 pound mannequin and the firefighter cross the 100ft line. At this point the training is complete.
- 7. Safety:** This event should assist our firefighters in measuring their physical capabilities during an actual emergency. Everyone is encouraged to put forth an honest effort. As always, our emphasis will be placed on safety. If, at any time, you cannot continue with this exercise, raise your hand and stop. A proctor will come to your assistance.